

NEW BEGINNING NEWS



NEW BEGINNINGS SUPPORT GROUP, INC.

FIRST CONGREGATIONAL CHURCH
519 WASHINGTON ST. WHITMAN, MA 02382
P.O.BOX 423 ABINGTON, MA 02351
TELEPHONE #781-499-2659

INFORMATION

NB IS OPEN 6 TO 9 PM

Orientation	6 - 6:30 (One time event)
Support Groups	6:30 - 7:30
INFO +	7:30 - 7:50
Social Time	7:50 - 8:15
Program	8:15 - 9 (sometimes 8:30)

THE PURPOSE IS TO BENEFIT THE COMMUNITY BY PROVIDING A SUPPORT GROUP FOR ADULTS TO FIND PURPOSE AND WHOLENESS IN ALL DIMENSIONS OF THEIR LIVES AFTER EXPERIENCING A LOSS.

JULY 2026

PRESIDENT'S MESSAGE

JULY 1st is Canada Day making it a great time to vacation in Canada.

JULY 4th is Independence Day which commemorates the Declaration of Independence that took effect in 1776.

JULY 7th is Chocolate Day, the anniversary of the introduction of chocolate to Europe in 1550.

JULY 8th is Blueberry Day was established in 2003 to celebrate the history, nutritional benefits, and popularity of the fruit.

JULY 14th is Shark Awareness Day, a holiday aimed at raising awareness about shark conservation.

JULY 20th is Moon Day, a holiday that celebrates the first moon landing that took place in 1969. One small step for mankind.

JULY 28th is Parents' Day to show appreciation for all parents.

JULY 31 is National Avocado Day, the avocado is a food without rival among the fruits, the veritable fruit of paradise

Enjoy JULY and don't forget the BBQ on JULY 11th at Wompatuck State Park 204 Union St. Hingham.

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Sincerely,

Leslie Pearce, President

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SCAMS

GENETIC TESTING - DON'T FALL FOR IT! IT'S A SCAM

To report a scam- Senior Medical Patrol Scam Line 978-946-1243

Email REPORTAScam@MASMP.ORG

COUNCIL MEETING

THE NEXT COUNCIL MEETING WILL BE HELD ON

JULY 15, 2026

No August Meeting

6;30 PM

At First Congregational Church 519 Washington St. Whitman

All N.B. members are invited to attend.

COUNCIL MEMBERS

EXECUTIVE BOARD

President	Leslie Pearce
VP	Steve Griffin
Treasurer	Jeff Tracy
Clerk	Rosanne Payne
Past President	Leslie Pearce
Director	Gail Bowers

COMMITTEE CHAIRPERSONS

Membership	Ann Mackey
Facilitator Co.	Ann Mackey
Hosp/Social	Carole Dick
Fundraiser	Gail Bowers
Web/Publicity	Steve Griffin
Programs	Chris Kimball

MEMBERS - AT- LARGE

- * Arlene Volpe
- * Kim Sturge
- * Silas (Tom) Adams

ARE YOU INTERESTED IN JOINING THE COUNCIL - VOLUNTEERING.

IF SO, PLEASE SEE ANY COUNCIL MEMBER.

JULY PROGRAMS

JULY 6	Social
JULY 13	Bingo
JULY 20	Potluck (Please use an insulated bag to keep food hot or cold)
JULY 27	Chair Yoga

JULY SOCIAL CALENDAR

It is important that if your plans change and you cannot attend an event you signed up for, that you notify the event host so she/he can plan accordingly.

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WED. JULY 1

Dinner & Singo with Leslie at D'Ann's 340 Center Ave Abington \$
5:30 PM for Dinner and 6:30 PM for Singo Please sign up.

SAT. JULY 11

N.B. BBQ 12:30 PM at Wompatuck State Park 204 Union St Hingham
Please sign up if you are attending. Free to member

FRIDAY JULY 17

Lunch with Leslie 1 PM at Tsang's 644 Washington St Hanover \$\$
Please sign up.

— Walking Events Please see Tom Adams or Ann Mackey.

THURS JULY 23

Lunch with Gail 12:30 PM at Alexander's 391 Crescent St Brockton \$\$
Please sign up

Please sign up or email Gail -newbeginnings2016gb@gmail.com for all reservations.
Both should include your name, telephone #, and the event you want to attend.

The Social Committee is looking for members to host events.
And a special Thanks to all that do.

THE QUEEN OF HEARTS

The Queen of Hearts is a raffle that will be played every Monday night.

\$1.00 for a raffle ticket gives you a chance you win half the pot.

There will be a board with 54 sealed envelopes attached, inside the envelopes will be a playing card from a deck of cards.

One raffle ticket will be drawn every week and that winning raffle ticket will get a chance to open one of those sealed envelopes.

If you open the envelope that contains the Queen of Hearts, Congratulations you will be the big winner.

CREAMY PASTA SALAD

1 Box Rotini Pasta	1 Cup Frozen Peas
8 oz. Ham, diced	2 Scallions, sliced
4 oz. Cheese, diced (Gouda)	2 Cups Mandarin oranges, drained
½ Cup Mayonnaise	3 Tbsp Vinegar
Salt and Pepper to taste	Chopped Dill (optional)

Cook pasta as directed, drain and cool.

In a large bowl stir together mayonnaise, vinegar, salt and pepper until combined.

Add pasta, oranges, ham, scallions, cheese and dill until mixture is evenly coated.

Transfer to a serving bowl. Serve immediately or cover with plastic wrap and chill.

(You may also add small tomatoes, sliced cucumber and/or olives.

The longer it sits the better it tastes.

Serves 4 - 6