

NEW BEGINNING NEWS



NEW BEGINNINGS SUPPORT GROUP, INC.

FIRST CONGREGATIONAL CHURCH
519 WASHINGTON ST. WHITMAN, MA 02382
P.O.BOX 423 ABINGTON, MA 02351
TELEPHONE #781-499-2659

INFORMATION NB IS OPEN 6 TO 9 PM

Orientation 6 - 6:30 (One time event)

Support Groups 6:30 - 7:30

INFO + 7:30 - 7:50

Social Time 7:50 - 8:15

Program 8:15 - 9 (sometimes 8:30)

THE PURPOSE IS TO BENEFIT THE COMMUNITY BY PROVIDING A SUPPORT GROUP FOR ADULTS TO FIND PURPOSE IN ALL DIMENSIONS OF THEIR LIVES AFTER EXPERIENCING A LOSS.

JANUARY 2026

PRESIDENT'S MESSAGE

Hello New Beginnings Members

A New Year marks the start of a fresh calendar cycle celebrated globally on January 1st with parties, fireworks and traditions like making resolutions for self-improvement, but many cultures have different dates for their New Year, tied to lunar cycles and seasons.

It's a time for reflection on the past and hope for the future, symbolizing new beginnings.

Common traditions are Parties (the New Beginnings Holiday Party is January 4th) fireworks, gathering with friends, watching televised events (like the Times Square Ball drop) and singing Auld Land Syne at midnight.

Why we celebrate is it's a universal human concept of marking time's passage and embracing change. It offers a fresh start to set goals and hopes for personal growth and a better future.

My hope for everyone is a Happy, Healthy New Year and to see everyone at the Holiday Party.

Sincerely,

Leslie Pearce, President

What are the goals/changes you would like to see at New Beginnings in this upcoming year?

Please write any goals/changes on a piece of paper and put it in the Goodwill basket on any Monday night in January and we will do our best to add your goals to ours and make any

changes that would make New Beginnings better. No Names needed.

Thank you.

COUNCIL MEETING

THE NEXT COUNCIL MEETING WILL BE HELD ON
JANUARY 21, 2026
6:30 PM

At First Congregational Church 519 Washington St. Whitman
All N.B. members are invited to attend.

COUNCIL MEMBERS

EXECUTIVE BOARD

President Leslie Pearce

VP Steve Griffin

Treasurer Jeff Tracy

Clerk Rosanne Payne

Director Gail Bowers

COMMITTEE CHAIRPERSONS MEMBERS - AT- LARGE

Arlene Volpe Silas (Tom) Adams

Membership Darlene Ferraro

Facilitator Co. Ann Mackey

Hospitality Carole Dick

Fundraiser/Social Gail Bowers

Web/Publicity Steve Griffin

Programs Christopher Kimball

ARE YOU INTERESTED IN JOINING THE COUNCIL - VOLUNTEERING, PLEASE SEE
ANY COUNCIL MEMBER

JANUARY PROGRAMS

JANUARY 5 Financial info w/Chris Maynard

JANUARY 12 Social

JANUARY 19 Potluck

(Please use an insulated bag to keep food hot or cold)

JANUARY 26 Trivia

JANUARY SOCIAL CALENDAR

It is important that if your plans change and you cannot attend an event you signed up for, that you notify the event host so she/he can plan accordingly.

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On the first Wednesday of every month Leslie will host Singo at D'Ann's.

SUNDAY, JANUARY 4

Holiday Party 4PM at Abington Ale House Rt 18 Abington.

Free to all members with paid 2026 dues.

WED. JANUARY 7

Dinner & Singo with Leslie 5:30 PM for Dinner 6:30 PM for Singo at \$
D'ann's 340 Centre Ave Abington. Please sign up.

FRIDAY, JANUARY 30

Lunch with Charlotte 1 PM at The Brook 200 S Franklin St Holbrook \$\$
Please sign up.

Please sign up or email Gail -newbeginnings2016gb@gmail.com for all reservations. Both should include your name, telephone #, and the event you want to attend. The Social Committee is looking for members to host events. And a special Thanks to all that do.

THE QUEEN OF HEARTS

The Queen of Hearts is a raffle that will be played every Monday night. \$1.00 for a raffle ticket gives you a chance to win half the pot. There will be a board with 54 sealed envelopes attached, inside the envelopes will be a playing card from a deck of cards.

One raffle ticket will be drawn every week and that winning raffle ticket will get a chance to open one of those sealed envelopes. If you open the envelope that contains the Queen of Hearts, Congratulations you will be the big winner.

Chris Kimball will be in charge of ticket sales.

GINGERBREAD WITH HOT NUTMEG SAUCE

In a large mixing bowl, mix together

2 cups Flour 2 tsp Baking Powder $\frac{1}{4}$ tsp Baking Soda

¼ tsp Baking Soda 2 tsp grated fresh Ginger ½ tsp Salt

$\frac{1}{3}$ cup Butter $\frac{1}{2}$ cup Sugar until fluffy. Add 1 Egg

$\frac{2}{3}$ cups Molasses Then add sifted ingredients alternately with

$\frac{3}{4}$ cups Buttermilk in small amounts. Mix Put into a greased 9x9 pan.

Bake 350* for 50 minutes

Nutmeg Sauce

1 cup sugar - 1 tbl flour - pinch salt Gradually add 2 cups boiling water,

Stirring continually. Then add 1 tbl butter and cook for 5 minutes.

Remove from heat and stir in 1 tsp grated Nutmeg.

Serve hot over gingerbread.