

NEW BEGINNING NEWS



NEW BEGINNINGS SUPPORT GROUP, INC.

FIRST CONGREGATIONAL CHURCH
519 WASHINGTON ST. WHITMAN, MA 02382
P.O.BOX 423 ABINGTON, MA 02351
TELEPHONE #781-499-2659

INFORMATION NB IS OPEN 6 TO 9 PM

Orientation 6 - 6:30 (One time event)

Support Groups 6:30 - 7:30

INFO + 7:30 - 7:50

Social Time 7:50 - 8:15

Program 8:15 - 9 (sometimes 8:30)

THE PURPOSE IS TO BENEFIT THE COMMUNITY BY PROVIDING A SUPPORT GROUP FOR ADULTS TO FIND PURPOSE IN ALL DIMENSIONS OF THEIR LIVES AFTER EXPERIENCING A LOSS.

MAY 2026

PRESIDENT'S MESSAGE

Hello New Beginning Members

What is special about MAY?

May is widely known as a month of spring renewal, characterized by blooming flowers, warmer weather and the start of summer vacation season. It is heavily celebrated with holidays like May Day (International workers day), Mother's Day and Memorial Day in the U.S, along with being associated with emerald birthstones and Hawthorne flowers.

MAY is also Mental Health Awareness Month - Skin Cancer Awareness and National Foster Care Month.

What is Special at New Beginnings in May.

I am planning a night at the Whitman VFW with Dale and The Dudes on May 16th 6-10 PM that I hope everyone attends. The tickets are \$20.00 so sign up by May 11th and I will obtain the tickets.

There will also be a sign up sheet for the annual BBQ that will be held again at Wampatuck State Park And will be free for the first 30 MEMBERS that sign up, Guests cost \$40.00.

This event will be held on Saturday July 11th from 12 to 4 PM. I hope everyone attends.

Does anyone else have an event they would like to host? Or an idea they would like help with starting. Let's make May special for us all

Sincerely,

Leslie Pearce, President

.....
THE MAY FLOWER IS LILY OF THE VALLEY AND HAWTHORNE

COUNCIL MEETING

THE NEXT COUNCIL MEETING WILL BE HELD ON

MAY 20, 2026

6:30 PM

At First Congregational Church 519 Washington St. Whitman

All N.B. members are invited to attend.

COUNCIL MEMBERS

EXECUTIVE BOARD

President Leslie Pearce	386-717-3111
VP Steve Griffin	508-328-6642
Treasurer Jeff Tracy	781-603-9251
Clerk Rosanne Payne	339-309-8209
Director Gail Bowers	508-857-0132

COMMITTEE CHAIRPERSONS MEMBERS - AT- LARGE

Arlene Volpe 339-499-8875

Silas (Tom) Adams 857-928-8036

Kim Sturge 781-588-1438

Facilitator Co.	Ann Mackey	781-749-8140
Hospitality	Carole Dick	508-728-2616
Fundraiser/Social	Gail Bowers	508-857-0132
Web/Publicity	Steve Griffin	508-328-6642
Programs	Christopher Kimball	508-369-6442

ARE YOU INTERESTED IN JOINING THE COUNCIL - VOLUNTEERING,

PLEASE SEE ANY COUNCIL MEMBER

MAY PROGRAMS

MAY 4 The Irish Step Dancers
MAY 11 Potluck (Please use an insulated bag to keep food hot or cold)
MAY 18 Shine
MAY 25 Social

MAY SOCIAL CALENDAR

It is important that if your plans change and you cannot attend an event you signed up for, that you notify the event host so she/he can plan accordingly.

- * On the first Wednesday of every month Leslie will host Singo at D'Ann's.
- * A walking group will be started on Saturday morning @ 9:30 AM with Ann for those who are interested and sign up.
- * Movie Interest - Cinema @ Hanover Mall Cost \$7.00 on Tuesdays.

WED. MAY 6

Dinner & Singo with Leslie 5:30 PM for Dinner 6:30 PM for Singo at \$
D'ann's 340 Centre Ave Abington. Please sign up.

SAT. MAY 16

Enjoy Dale and The Duds with Leslie at the VFW 99 Essex St Whitman
6 to 10 PM. Cash bar and bring your own snacks.
Tickets are \$20. Sign up by May 11th so Leslie has time to buy the tickets.

Please sign up or email Gail -newbeginnings2016gb@gmail.com for all reservations. Both should include your name, telephone #, and the event you want to attend. The Social Committee is looking for members to host events.

And a special Thanks to all that do.

THE QUEEN OF HEARTS

The Queen of Hearts is a raffle that will be played every Monday night. \$1.00 for a raffle ticket gives you a chance to win half the pot. There will be a board with 54 sealed envelopes attached, inside the envelopes will be a playing card from a deck of cards.

One raffle ticket will be drawn every week and that winning raffle ticket will get a chance to open one of those sealed envelopes. If you open the envelope that contains the Queen of Hearts, Congratulations you will be the big winner.

MAY DAY MAYPOLE CHOCOLATE CAKE

Grease and flour a 8in round cake pan. Preheat oven to 350*.

Sift and whisk dry ingredients in a large bowl:

1 ½ all-purpose Flour	1 cups Sugar
6 tbsp unsweetened Cocoa	1 tsp Baking soda
⅛ tsp Salt	

Combine and Add

1 cup Cold Water	¼ cup vegetable Oil
1 tbsp white Vinegar	2 tsp vanilla

Stir ingredients until smooth. Scrape batter into the greased pan and spread evenly. Bake for 25 to 30 minutes, until a toothpick inserted in the center of the cake comes out clean. Cool completely.

Once your cake is cooled frost the top, if your making a double layer cake, frost between layers.

Butter Frosting

Whisk together until thick and smooth.

6 tbsp Butter, room temperature	1 cup Powdered Sugar
6 tbsp cocoa, optional	If frosting is too thick add 2-3 tbsp heavy cream.

To make your May Pole decoration:

Measure the distance from the center of the cake to the edge. Using the measurement and adding a bit extra for tying on both ends, cut 6 to 8 strands of yarn or ribbon. Tie the ribbon one at a time to the top of the pole, or use a tack to secure them to the top. Tie a toothpick to the end of each ribbon. Place a chopstick firmly in the center of the cake and evenly place the toothpicks around the edge of the cake.

Decorate with fresh flowers.

