

NEW BEGINNING NEWS



NEW BEGINNINGS SUPPORT GROUP, INC.

FIRST CONGREGATIONAL CHURCH
519 WASHINGTON ST. WHITMAN, MA 02382
P.O.BOX 423 ABINGTON, MA 02351
TELEPHONE #781-499-2659

INFORMATION NB IS OPEN 6 TO 9 PM

Orientation 6 - 6:30 (One time event)
Support Groups 6:30 - 7:30
INFO + 7:30 - 7:50
Social Time 7:50 - 8:15
Program 8:15 - 9 (sometimes 8:30)

THE PURPOSE IS TO BENEFIT THE COMMUNITY BY PROVIDING A SUPPORT GROUP FOR ADULTS TO FIND PURPOSE IN ALL DIMENSIONS OF THEIR LIVES AFTER EXPERIENCING A LOSS.

APRIL 2026

PRESIDENT'S MESSAGE

Hello New Beginning Members,

April Showers Bring May Flowers, perhaps everyone has heard this rhyme at some point, generally having been taught it at an early age by parents or teachers. It's a popular thing to say and hear around springtime, but one thing you might not know is where the rhyme originated from. It reaches back to the 1500's, although earlier use probably existed. The rhyme was originally a short poem. However, there is meaning behind the words, as well.

"April showers bring May flowers" is a reminder that even the most unpleasant of things, in this case the heavy rains of April can bring about very enjoyable things indeed - even an abundance of flowers in May. It is also a lesson in patience, and one that remains valid to this day. Many of life's greatest things come to those who wait, and by patiently and happily enduring the clouds and dampness of April, you can find yourself more easily able to take in the sights and smells of May. After all, it's easier to love something if you start with an optimistic outlook.

Have you had a season of setbacks, disappointments, or hindrances? Do not be dismayed. Remember these things: there has never been a wind that didn't change directions, clouds do not hang forever, and April showers bring May flowers.

I hope everyone has a wonderful month of April.

Sincerely,

Leslie Pearce, President

April's flowers are the Daisy and the Sweet Pea and bring joy to April born individuals.

COUNCIL MEETING

THE NEXT COUNCIL MEETING WILL BE HELD ON

APRIL 15, 2026

6:30 PM

At First Congregational Church 519 Washington St. Whitman

All N.B. members are invited to attend.

COUNCIL MEMBERS

EXECUTIVE BOARD

President Leslie Pearce

VP Steve Griffin

Treasurer Jeff Tracy

Clerk Rosanne Payne

Director Gail Bowers

COMMITTEE CHAIRPERSONS MEMBERS - AT- LARGE

Arlene Volpe

Silas (Tom) Adams

Kim Sturge

Facilitator Co. Ann Mackey

Hospitality Carole Dick

Fundraiser/Social Gail Bowers

Web/Publicity Steve Griffin

Programs Christopher Kimball

ARE YOU INTERESTED IN JOINING THE COUNCIL - VOLUNTEERING,

PLEASE SEE ANY COUNCIL MEMBER

APRIL PROGRAMS

APRIL 6 Shine (Health Ins. Info)

APRIL 13 Potluck (Please use an insulated bag to keep food hot or cold)

APRIL 20 Puzzles

APRIL 27 Social

APRIL SOCIAL CALENDAR

It is important that if your plans change and you cannot attend an event you signed up for, that you notify the event host so she/he can plan accordingly.

- * On the first Wednesday of every month Leslie will host Singo at D'Ann's.
- * A walking group will be started on Saturday morning @ 9:30 AM with Ann for those who are interested and sign up.
- * Movie Interest - Cinema @ Hanover Mall Cost \$7.00 on Tuesdays.
- * Interested in bowling, please sign up and we will work on making it happen.

WED. APRIL 1

Dinner & Singo with Leslie 5:30 PM for Dinner 6:30 PM for Singo at D'ann's 340 Centre Ave Abington. Please sign up. \$

Friday, APRIL 24

Lunch with Leslie 1PM at Tsang's 644 Washington St Hanover Please sign up. \$\$

Please sign up or email Gail -newbeginnings2016gb@gmail.com for all reservations. Both should include your name, telephone #, and the event you want to attend. The Social Committee is looking for members to host events.

And a special Thanks to all that do.

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THE QUEEN OF HEARTS

The Queen of Hearts is a raffle that will be played every Monday night. \$1.00 for a raffle ticket gives you a chance to win half the pot. There will be a board with 54 sealed envelopes attached, inside the envelopes will be a playing card from a deck of cards.

One raffle ticket will be drawn every week and that winning raffle ticket will get a chance to open one of those sealed envelopes. If you open the envelope that contains the Queen of Hearts, Congratulations you will be the big winner.

BREAD PUDDING

Lightly butter a 9x13 baking dish. Preheat oven to 350*

Toast and butter 6 to 8 slices of bread then cut each slice into 12 to 16 squares. Place into the buttered baking dish and sprinkle 1 cup raisins over the top. (Raisins are optional)

Set aside.

In a mixing bowl beat 4 eggs, add $\frac{3}{4}$ cup sugar, 2 $\frac{1}{2}$ cups milk, 1 tsp vanilla and 1 tsp cinnamon whisk together until well combined and pour over the bread and press gently with a fork until the bread is covered and soaked.

Bake in a preheated oven until golden brown and the top springs back when lightly pressed, about 45 minutes.

(Apple slices could be used in place of raisins).

BOURBON SAUCE

½ Cup Butter, softened

1 Egg, beaten

1 Cup Sugar

2 Tbsp Bourbon

Combine butter and sugar in a small saucepan, cook over medium heat stirring frequently until sugar is dissolved, add egg whisking briskly until well blended, cook for 1 minute. Remove from heat, cool slightly, and add Bourbon.

Pour over Bread Pudding or serve on side with individual servings.